



Fall Guided Hikes & Walks 2024



Trail/Hike name	Date & Time	How to Register	Cost / Person	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Clarke Head Beach Hike, Glooscap Campground Beach Parking, Parrsboro	September 25, 11:45 AM	Yes Email: parrsboroshoretours@gmail.com	No Cost	4	Moderate	Glooscap Municipal Campground beach access parking space	Tide Rollers & Mudlarkers https://parrsboroshoretours.ca/tours
Seek Fall Adventures in Victoria Park Hike and Seek Trail, Victoria Park, Truro	October 5, 10:00 AM	No registration required	No Cost	6	Easy	Please meet at the Railyard/Seek parking lot at 825 Young St, Truro	Seek Wilderness Accommodations www.stayatseek.com
Thomas Cove Economy Trail, Economy Point, Economy	October 9, 1:00 PM	Yes Email: parrsboroshoretours@gmail.com	No Cost	4	Moderate	Thomas Cove Cliffs of Fundy Geopark site, Economy Point Parking lot	Tide Rollers & Mudlarkers https://parrsboroshoretours.ca/tours
Re-opening of Sandy Cope Trail, Gully Lake Wilderness Area, Kemptown	October 20, 11:00 AM	Yes Email: ivy23114@gmail.com	No Cost	6	Challenging	Meet at trailhead -1734 Kemptown Road, Kemptown	Cobequid Eco-Trail Society https://www.cobequidecotrails.ca/default.asp
Re-opening of Sandy Cope Trail, Gully Lake Wilderness Area, Kemptown	October 20, 11:00 AM	Yes Email: ivy23114@gmail.com	No Cost	11	Challenging	Meet at trailhead -1734 Kemptown Road, Kemptown	Cobequid Eco-Trail Society https://www.cobequidecotrails.ca/default.asp
Wards Falls, Diligent River	October 27, 1:00 PM	Yes Email: parrsboroshoretours@gamil.com	No Cost	7	Moderate	From Parrsboro follow hwy to Diligent River. Watch for signage to Wards Falls and follow the road to the parking area next to the trail head.	Tide Rollers & Mudlarkers https://parrsboroshoretours.ca/tours

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Five Islands Provincial Park Red Head Trail, Five Islands Provincial Park	November 16, 1:00 PM	Yes Email: parrsboroshoretours@gmail.com	No Cost	5	Moderate	Five Islands Provincial Park Parking lot adjacent to the park gate	Tide Rollers & Mudlarkers https://parrsboroshoretours.ca/tours