

Hike Nova Scotia

Hiking Summit 2026 - Participant Waiver Form

I UNDERSTAND AND AGREE that there is potential risk for injury involved in participation of any physical activity. I further understand and agree that participating in hikes is a potentially dangerous activity. Bumps, bruises, scrapes, scratches and soreness may occur, and most participants will encounter this sort of minor injury from time to time. More serious injuries are possible, including sprains, strains, twists, cramps, and injuries of similar magnitude. The possibility of more serious injury exists, including fractured bones, broken bones, torn ligaments, though most participants do not encounter such serious injuries. There remains, despite safety precautions, the remote possibility of crippling or death. I FREELY ACCEPT AND FULLY ACKNOWLEDGE all such risks, dangers and hazards, resulting from my participation in this event hosted by Hike Nova Scotia.

Print Name	Signature

