

Winter Guided Hikes & Walks 2025









NOVA SCOT				***				NOVA SCOTIA
Trail/Hike name All hikes will take place with or without snow!	Date & Time	Pre-registration required: Yes/No	Cost / Person	Do I bring snowshoes?	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Summit Loop, Antigonish Cancelled	March 1 10:30 AM	Yes Email info@thekeppoch.ca	Free for Keppoch members; \$5 for non -members	We have snowshoes available to rent at a discounted rate if you do not have your own.	5	Moderate	Participants will meet at the lodge at Keppoch Mountain to check in.	Positive Action for Keppoch Society https://www.thekeppoch.ca/
Discover the Bedford Barrens, Bedford	March 1 10:00 AM	Yes Email caringforthebarrens@gmail. com	Free	No, this is a walk-only event	5	Moderate	Fish Hatchery Park at the entrance closest to the Bedford Hwy (map will be shared with participants upon registration). The walk is partially an urban walk with some parts in the forested Bedford Barrens area—expect incline and some uneven terrain.	Caring for the Barrens and Dalhousie Outdoor Society

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Keji Mills Falls, Kejimkujik	March 2 2:00 PM	No	Free	No, snow shoes will be provided for all who register	3	Moderate	You will enter Kejimkujik Park. Heading down the road, you will see the Visitor Information Centre on the right. Continuing down the road, Mills Falls will be your next right turn. In partnership with Hike NS, we are pleased to offer this guided walk/hike, and we will have prizes and snowshoes available for use (if we have snow on the ground). See you soon!	Annapolis County Recreation https://annapoliscounty.ca/
Moonlight Snowshoe Jaunt, Ben Eoin	March 12 6:00 PM	Yes Participants can register by calling the Snow Depot at 902-828-2804 ext. 234.	Snowshoe rental is \$15+tx. Trail Pass is \$15+tx. Combo (rentals and pass) is \$25+tx	Snow Shoes are available to rent for \$15.00+tx	1.5	Easy	Meet at the base of the mountain between the rental shop and Chairlift. Participants are required to bring a headlamp or flashlight. A trail pass is required. Snow Show Trails are clearly marked.	Ski Ben Eoin www.skibeneoin.com
Roy Island Loop, Little Harbour	March 12 6:00 PM	Yes Please email leighton.hayden@townofpic tou.ca with your name and phone number. If you are registering on behalf of someone, please provide their name, phone number, and email.	Free	No, this is a walk-only event	5	Moderate	Please meet at the furthest parking lot at Melmerby Beach Provincial Park. Hike leaders will be visible wearing orange/yellow safety vests.	Municipality of Pictou County https://www.alltrails.com/trail/ca nada/nova-scotia/roy-island-loo p Hosted by Municipal Physical Activity Leaders (MPALs) of Pictou County.

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Partridge Island Eco Loop, Parrsboro	March 13 1:00 PM	Yes parrsboroshoretours@gmail .com	Free	Yes	3.5	Moderate	Meet at Parrsboro Bandstand at 12:30 pm. Additional information will be provided closer to the date to those who have registered via email. joint event between Tide Rollers & Mudlarkers and Cliffs of Fundy Geopark	Tide Rollers & Mudlarkers and Cliffs of Fundy Geopark https://parrsboroshoretours.ca/
Jitney trail, Scotsburn Cancelled	March 14 7:00 PM	Yes nannie.coddiwompler@gma il.com	Free	Yes; Participants must wear snow shoes so they don't damage the trail. If there is no snow, then crampons are recommended.	3	Easy	This is a full moon hike or snowshoe, weather dependent. Meet up at 4135 Scotsburn Road, behind the old dairy building. If there is snow, please bring snowshoes as this is a groomed trail and we don't want to damage it.	Cape to Cape http://www.capetocapetrail.ca/
Blue Mountain Summit HRM	March 15 10:00 AM	Yes https://docs.google.com/for ms/d/e/1FAlpQLSe5IP9oPO lukvqWAVNQnEbzBIUtsIQ QrBsrgj9g6nYDeVy8Ow/vie wform?usp=sf_link	Free	No, this is a walk-only event	2	Moderate	Starting from the end of Lakeshore Drive in the Kingswood subdivision https://goo.gl/maps/JJYVh5gJpnN7V4bp7 or you can look up directions for 395 Lakeshore Drive, Hammonds Plains, NS	Friends of Blue Mountain-Birch Cove Lakes bluemountainfriends.ca/activitie s/#hiking