



Media Advisory

May 10, 2024

Hiking Summit Features Antigonish Trails

Hiking Summit in Antigonish a celebration of hiking culture in NS

Up to 200 people with an interest in hiking, walking and snowshoeing, will converge on Antigonish from May 31 to June 2 for the tenth annual Nova Scotia Hiking Summit. Hosted by Hike Nova Scotia along with Keppoch Mountain, the Town of Antigonish and the County of Antigonish, the Summit is a celebration of Nova Scotia's hiking culture. It includes sharing best practices, stories, networking and hiking. Attendees include avid hikers, hiking clubs, trail groups, provincial government, municipalities and others.

Sponsors include the Town of Antigonish, County of Antigonish, AtlanTick Repellent Products and the Dairy Farmers of Nova Scotia.

"The Antigonish area is a hidden gem for great hiking," says Janet Barlow, Hike NS Executive Director. "However many trails sustained significant damage from various weather events. We'll show and tell how trails and trail managers have recovered. We'll also just enjoy hiking!"

Event details:

Date: Friday May 31, Saturday June 1 and Sunday, June 2, 2024

Location: Keppoch Mountain (Fri.) and St. FX University in Antigonish (Sat. & Sun.)

Time: 12:00 pm on May 31 to 4:15 pm on June 2

Highlights:

- Hikes featuring the beautiful trails found in and near the Antigonish area
- Interesting sessions and skills workshops
- Friday night reception and Saturday night supper
- Silent auction and displays

The first 150 people to register will receive a Hike NS-branded neck gaiter. Registration closes on May 26. The program and other details are found at

<https://www.hikenovascotia.ca/news-hiking-summit/>.

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