**Promotion: Hike NS Spring-Summer Guided Hike & Walk Series 2025**

*43 events happening from May 10 to July 30, 2025 - Please copy and paste for use in your various communication tools*

**Facebook**

@HikeNovaScotia and 15 host organizations offer the 2025 Spring-Summer Guided Hike & Walk Series across NS. There are 44 events led by local folks, and participants qualify to win trail prizes. They are free or low-cost events, and some require pre-registration. Hike NS thanks its partners on the ground for organizing the events as well as @GooseLaneEditions, @MEC and the @NSGov Department of Communities, Culture, Tourism and Heritage for their support.

<https://hikenovascotia.ca/programs-guided-walks/>

*[Insert Facebook image created for the event]*

**X**

Join a local Spring-Summer guided hike or walk: free or low-cost with trail prizes. Supported by @HikeNS @Goose\_Lane @MEC @NS\_CCTH #HikeNS #Trails #SpringSummer #Hike #Walk <https://hikenovascotia.ca/programs-guided-walks/>

*or*

44 Spring-Summer guided hike or walk events: free or low-cost with trail prizes. Supported by @HikeNS @Goose\_Lane @MEC @NS\_CCTH [#HikeNS](https://twitter.com/goose_lane) #Trails #SpringSummer #Hike #Walk <https://hikenovascotia.ca/programs-guided-walks/>

*[Insert X image created for the event]*

**Instagram**

@Hike.Nova.Scotia and 15 local host organizations offer the Spring-Summer Guided Hike & Walk series across NS. There are 44 events led by local folks, and participants qualify to win trail prizes. They are free or low-cost events, and some require pre-registration. Hike NS thanks its partners on the ground for organizing the events as well as @Goose\_Lane, @MEC and the @NSGov Department of Communities, Culture, Tourism and Heritage for their support. #LinkInBio

#HikeNS #Trails #Hike #Walk #NovaScotia #GooseLaneEditions #MEC #SpringSummer #Walking #Hiking #NSOutdoorNetwork #GetOutdoors #ExploreNS #HikeNovaScotia

*[Insert Instagram image created for the event]*

<https://hikenovascotia.ca/programs-guided-walks/>