



# Spring/Summer Guided Hikes & Walks 2025





Trail/Hike name	Date & Time	How to Register	Cost/ Person	Km Return	Trail difficulty	Directions/Hike Details	Organization/Contact
Summit Loop & East of Awesome, Antigonish	May 10, 10:00 AM	Yes <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>	\$5.75 trail fee (free for members)	6.1km	Moderate	Meet at the Keppoch lodge	Positive Action for the Keppoch <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>
Jitney Trail, Pictou	May 14, 6:00 PM	Yes Email: <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a> or Call: 902-755-8363	Free	5km	Easy	Meet behind the DeCoste Centre (99 Water Street, B2H5E1, Pictou)	MPALs of Pictou County <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>
Waterside Beach, Waterside	May 21, 6:00 PM	Yes Email: <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a> or Call: 902-755-8363	Free	2.6km	Moderate	Meet in the parking lot (649 R. Grant Road, Waterside)	MPALs of Pictou County <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>
West Summit to Big Allen, Antigonish	May 27, 5:00 PM	Yes <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>	\$5.75 trail fee (free for members)	8.9km	Moderate	Parking lot from the starting point of White Rock Trail on St. Joseph's Road	Positive Action for the Keppoch <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>
Powell's Point Trail, Little Harbour	May 28, 6:00 PM	Yes Email: <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a> or Call: 902-755-8363	Free	2.5km	Moderate	Meet at the parking lot near the entrance (8049 Pictou Landing Road, Little Harbour)	MPALs of Pictou County <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>

## Spring/Summer-HikeWalks2025-Highlands

Trail/Hike name	Date & Time	How to Register	Cost/ Person	Km Return	Trail difficulty	Directions/Hike Details	Organization/Contact
White Rock Trail, Antigonish	June 7, 10:00 AM	Yes <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>	\$5.75 trail fee (free for members)	8.9km	Moderate	Parking lot from the starting point of White Rock Trail on St. Joseph's Road	Positive Action for the Keppoch Society  <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>
Caribou-Munroe's Island, Caribou	June 11, 6:00 PM	Yes  Email: <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a> or Call: 902-755-8363	Free	5km	Easy	2119 Three Brooks Road, Caribou	MPALs of Pictou County  <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>
Summit Loop & East of Awesome, Antigonish	June 17, 5:00 PM	Yes  <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>	\$5.75 trail fee (free for members)	6.1km	Moderate	Meet at the Keppoch lodge	Positive Action for the Keppoch Society  <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>
Six Mile Brook Trail, Millsville	June 18, 6:00 PM	Yes  <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a>	Free	5.5km	Challenging	Six Mile Brook Trail Head (NOT GRANT ROAD) directions: <a href="http://capetocapetrail.ca/trails.aspx?tid=3">http://capetocapetrail.ca/trails.aspx?tid=3</a>	MPALs of Pictou County  <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>
Roy Island Loop, Little Harbour	June 25 6:00 PM	Yes  Email: <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a> or Call: 902-755-8363	Free	3.5km	Moderate	Meet at last parking lot (6280 Little Harbour Road, Little Harbour)	MPALs of Pictou County  <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>
White Rock Trail, Antigonish	June 28, 10:00 AM	Yes  <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>	\$5.75 trail fee (free for members)	6.1km	Moderate	Meet at the Keppoch Lodge	Positive Action for the Keppoch Society  <a href="https://www.thekeppoch.ca/hiking">https://www.thekeppoch.ca/hiking</a>

Spring/Summer-HikeWalks2025-Highlands

Trail/Hike name	Date & Time	How to Register	Cost/ Person	Km Return	Trail difficulty	Directions/Hike Details	Organization/Contact
Lighthouse Beach, Fisher's Grant	July 9, 6:00 PM	Yes  Email: <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a> or Call: 902-755-8363	Free	3km	Easy	Meet at the parking lot at the end of Beach Road in Fisher's Grant	MPALs of Pictou County  <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>
Rushton's Beach, River John	July 16, 6:00 PM	Yes  <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a>	Free	2km	Easy	Meet in parking lot 723 Highway 6, River John	MPALs of Pictou County  <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>
Melmerby Beach, Little Harbour	July 23, 6:00 PM	Yes  Email: <a href="mailto:recreation@newglasgow.ca">recreation@newglasgow.ca</a> or Call: 902-755-8363	Free	3km	Easy	Meet at the first parking lot (6280 Little Harbour Road, Little Harbour)	MPALs of Pictou County  <a href="https://www.facebook.com/MakeYourMoveNG">https://www.facebook.com/MakeYourMoveNG</a>